

ATHLETIC MOUTHGUARDS

CUSTOMIZED MOUTHGUARDS FABRICATED TO FIT YOUR PATIENT AND THEIR SPORT

Introducing Athletic Mouthguards

Individually designed and fabricated by trained professionals, Athletic Mouthguards offer premium protection from many dental injuries and complications occurring from sports. Haven Ortho Lab Athletic Mouthguards are considerably more comfortable and less inhibiting when in the mouth while providing the absolute maximum protection.

Benefits of using Athletic Mouthguards:

- Precision occlusal indexing
- High-impact energy absorption
- 3.0 to 5.0 mm of protection
- 10 times the protection of off-the-shelf mouthguards
- Many solid, multi-colored, or patterns available

Strength, Performance, and Protection:

Indicated for all dental patients who are playing sports like football, soccer, hockey or gymnastics, it's important to use proper-fitting mouthguards. Custom-fit Athletic Mouthguards are more comfortable and offer significantly more protection than the traditional "boil and bite" mouthguards.

Athletic Mouthguards can help prevent:

- Lip, cheek and chin lacerations
- Broken teeth
- Displaced teeth
- Permanent jaw joint injury
- Neck injuries
- Jaw concussion

Choosing The Proper Athletic Mouthguard - Protection Levels:

Athletic Mouthguards come in various levels depending upon what sport is being played and the necessary amount of protection required. Any level of protection can be chosen by you and your patient based on their needs and preference. Level 1 offers standard protection and level 6 offers the maximum. The most common athletic mouthguard provided is level 3.

- Level 1** 3.0mm with one layer. Generally recommended for ages up to 13 years.
- Level 2** 3.0mm with two soft layers, perfect for wrestling, volleyball, mountain biking and motocross.
- Level 3** 3.5mm with two soft and one hard layer, specially designed to provide maximum comfort and protection for all sports.
- Level 4** 5.0mm with two soft layers, ideal for soccer, rugby, basketball, softball, rollerblading and skateboarding.
- Level 5** 5.0mm with two soft layers and special power bands, designed for baseball, football, racquetball, martial arts and boxing.
- Level 6** 5.0mm with two soft and one hard layer, custom fabricated for ice, field and street hockey along with kick-boxing & other heavy contact sports.

Lab Requirements Needed to Fabricate an Athletic Mouthguard:

1. Fill-out our "Athletic Mouthguard Rx"(available at www.havenortho.com or by calling (800) 844-2836.
2. Upper and lower Impressions/Models free from voids or air bubbles.
3. Include a construction bite taken at rest position with a 4-5mm occlusal vertical opening and proper MIDLINE alignment
4. Select a solid, multi-colored, or patterned design from our "Mouthguard Color Chart" available at www.havenortho.com

Haven Ortho fabricated Athletic Mouthguards are prescribed for both professional and amateur athletes because they offer the highest level of protection. Our athletic mouthguards are available in 6 levels of protection and can also be customized with various colors and picture options. Visit www.havenortho.com for more information and to download our "Athletic Mouthguard Rx"